



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church and Maria Regina Church



Thoughts of Blessed Francis Jordan

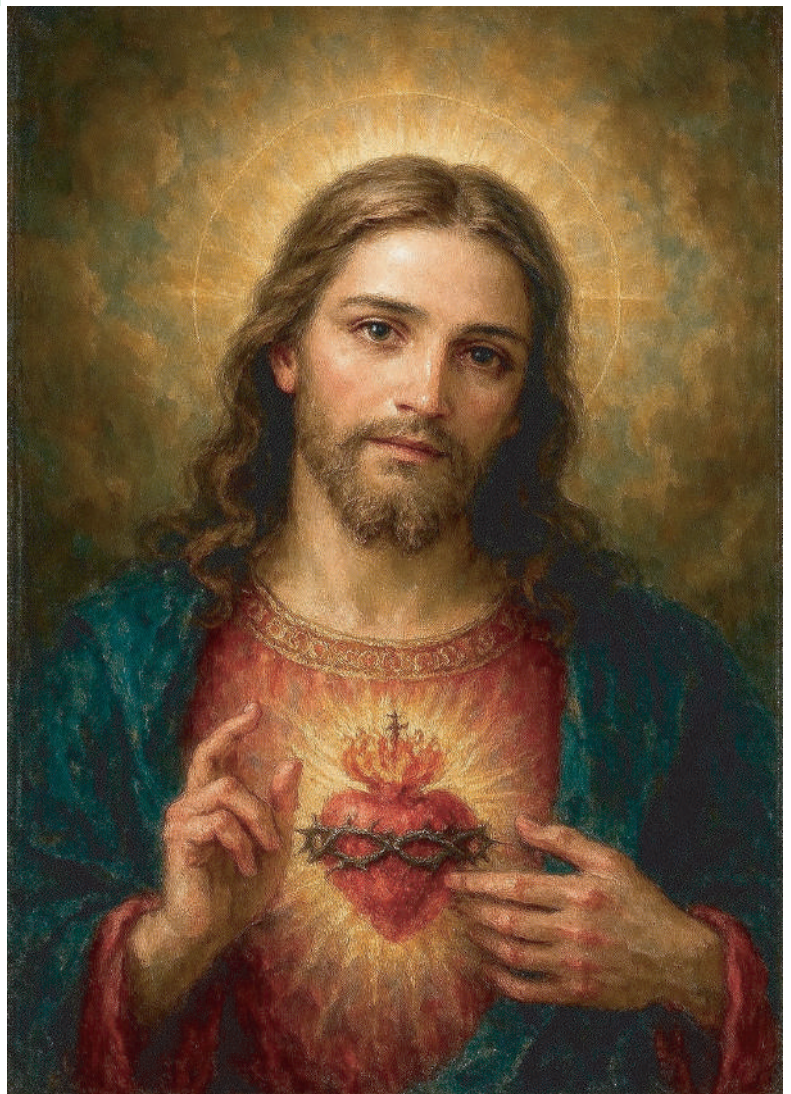
Whoever trusts in the Lord will never sink or fall. Whoever has the Lord for his strength will never fall...

The Most Sacred Heart of Jesus Prayer

O Most Holy Heart of Jesus, fountain of every blessing. We adore You, We love You, and with a lively sorrow for our sins, we offer You our poor hearts.

Make us humble, patient, pure and obedient to Your will.

Grant, good Jesus, that we may live in You and for You. Amen.



Follow us on **facebook**
Pittwater Catholic Parish



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SAFEGUARDING

We, the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.



POPE LEO'S PRAYER INTENTION

FOR *June*
For The Values of Sports

Let us pray that sports be an instrument of peace, encounter and dialogue among cultures and nations, and that they promote values such as respect, solidarity and personal growth.

MASS TIMES

SACRED HEART CHURCH
1 Keenan Street, Mona Vale

WEEKDAY MASSES

TUESDAY - 9.30 am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8.30 am followed by Mass

WEDNESDAY - 9.30 am

THURSDAY - 7.00 pm
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30 pm to 9.00 pm

FRIDAY - 9.30 AM
FIRST FRIDAY of the Month,
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30 am, followed by Healing Mass/ Anointing of the Sick at 10.30

WEEKEND MASSES

SATURDAY VIGIL - 5.00 pm
SUNDAY
8.00 am, 10.00 am & 6.00 pm (Soul Mass)

RECONCILIATION

SATURDAY VIGIL
4.00 pm to 4.30

BAPTISM

4TH SUNDAY of the Month
at 11.30 am

MARIA REGINA CHURCH

7 Central Road, Avalon

WEEKDAY MASSES

MONDAY - 8.00am

WEDNESDAY - 8.00 am

THURSDAY - 10.00 am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction at 9.00 am

FRIDAY - 8.00 am
FIRST FRIDAY of the Month,
Healing Mass/ Anointing of the Sick at 8.00 am

RECONCILIATION

Before Vigil Mass on Saturday

WEEKEND MASSES

SATURDAY VIGIL - 6.00 pm
SUNDAY - 9.00 am

BAPTISM

3RD SUNDAY of the Month
at 11.00 am

WE PRAY for

RECENTLY DECEASED

STANISLAW SEREMET
ROCCO ROMEO
SHIRLEY KENDALL
BARRY MAY

*Eternal rest, grant unto them,
O Lord, and let perpetual light
shine upon them.
May they rest in peace. Amen.*

DECEASED ANNIVERSARY

FRANK KOLARIK

Prayer for the SICK

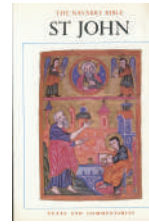
*Lord, look with mercy on
your servants who are sick.
Bring them comfort,
healing and strength.*

ANNA ŚMIGOWSKA
LILY JANOSIK
SUE FRENCH
MAUREEN LARIOS
ELAINE BOYES
PAULINE CHAPMAN
RON CLARKE
ANNA KATANEC
OTMA NOUAK
ANGELA MILEER
PHILIP KHALIFEH
JOSEPH KHALIFEH
GEORGE AZOURY
BRUCE FARR
JAMES
JACINTA PURNELL-MAJOR
NENITA ROQUE
MARIE CELINE- MACA
NEDA CRVELIN
JESSE CATHERSIDES
MARY REILLY
NOEL REILLY
THERESA KEANE
MARTA BIZUBOVA
LIAM GAVIN

BOOK REVIEW

St John's Gospel

Navarre Bible



This edition provides more footnotes to what St John has said in his writings, making it easier for the reader to appreciate.

Above all else,
guard your heart,
for everything you do
flows from it.

Proverbs 4:23



LITURGY FOR THE WEEK

- 15/06 Monday, Ordinary Time 11
1 Kg 21:1-16; Mt 5:38-42
- 16/06 Tuesday, Ordinary Time 11
1 Kg 12:17-29; Mt 5:43-48
- 17/06 Wednesday, Ordinary Time 11
2 Kg 2:1, 6-14; Mt 6:1-6, 16-18
- 18/06 Thursday, Ordinary Time 11
Sirach 48:1-14; Mt 6:19-23
- 19/06 Friday, Ordinary Time 11
2 Kings 11:1-4, 9-18, 20; Mt 6:19-23
- 20/06 Saturday, Ordinary Time 11
2 Chr 24:17-25; Mt 6:24-34



THE CATHOLIC PARISH OF PITTWATER

GIVING

Our parish flourishes through the thoughtful care of resources and the generous commitment of our supporters. With gratitude, we thank all who help sustain our parish life, care for our Church and support the ministries that serve our community.

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Donations can be made weekly, fortnightly, monthly or one-off.



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(Clergy Giving)

Second Collection

(Parish Giving)

Pastoral Works Broken Bay

All PWBB donations over \$2 are 100% tax deductible

Pastoral Works Broken Bay is the charitable outreach of our Catholic community, supporting the pastoral priorities of the Diocese. It plays a vital role in funding life changing ministries, strengthening families and nurturing parish communities across Broken Bay.

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If you support the Parish through credit card giving, please let us know if your card details have changed or expired.

Direct Debit

You may also choose to support the Parish through direct debit. This can be set up easily and securely by contacting the Parish Office, who will arrange it for you.

BLESSED FRANCIS JORDAN PRAYER GROUP



Come and spend time in prayer, reflection and devotion to our Blessed Mother and Blessed Francis Mary of the Cross Jordan as we gather together to deepen our faith and seek their loving intercession.

We warmly invite everyone to join us

AFTER THE 9:30 AM MASS,
ON WEDNESDAYS

Our Parish Schools



Parish Bulletin- Term 2, Week 8

This week was shorter due to the King's Birthday public holiday on Monday, providing students and staff with a long weekend to rest and recharge. The remainder of the week was busy, with students completing assessments and examinations as they move closer to the important half-yearly exam period.

Our annual Year 7 Spirituality Day took place on Friday across the Marana Complex, Byrne Theatre and College Chapel. The day was a wonderful opportunity for reflection and connection, with the support of several Year 10 student leaders who demonstrated great leadership throughout. Spirituality Day was a highly engaging and meaningful experience, thanks to the dedication of our Leader of Evangelisation and Religion teachers, who facilitated a range of enriching activities.

Drama continues to flourish at Mater Maria, building on the strength of our outstanding bi-annual performances. Our Drama teachers recently established a Drama Troupe, which now sees almost forty students rehearsing each Tuesday after school, generously giving their time to further develop their skills. This initiative promises to enhance the quality of future performances even further.

Each Friday, our Prefects lead Faith Fridays, inviting students to gather in the Chapel and Courtyard for music, reflection and prayer. This continues to be a beautiful way to conclude the week and a reminder that faith remains at the heart of all we do at Mater Maria.

Sport was also in full swing, with students representing the College in MWBA Basketball and Peninsula Cup Netball and Soccer. Students in Years 9 and 10 participated in the NSW All Schools Metro East Touch Football Tournament at Taren Point. Meanwhile, a team of four students - three of whom won the NSWCCC Championships last year - competed once again at the Broken Bay Tennis Gala Day in Mona Vale. We congratulate all students involved for representing Mater Maria with pride, teamwork and commitment.

Change to Enrolment Deadline

Over the next two years, all CSBB schools will move towards offering secondary school placements when students are in Year 3.

To support this change, applications for Year 7 2029 will close on Friday 3 July. Mater Maria continues to receive significantly more applications than the number of places available, and as a result, enrolments often reach capacity during the first round of offers. For this reason, we strongly encourage all interested families to submit an application by this closing date to avoid disappointment. Please visit matermaria.nsw.edu.au/enrolments to apply.

We thank our parish communities for your continued prayers and support. It is through this strong partnership that we are able to nurture and guide our young people, and we look forward to continuing to share the life of our College with you.

Start children off on the way they should go, and even when they are old they will not turn from it.

Proverbs 22:6



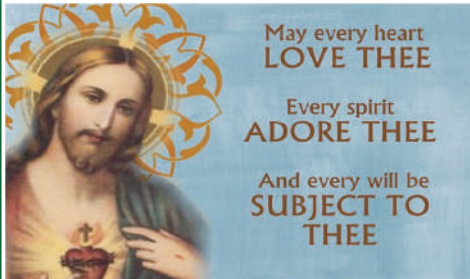
Sacred Heart Catholic Primary School Week 8, Term 2

On Friday 5 June, we held a Staff Development Day focussing on Mathematics. Throughout the day, staff worked collaboratively to explore and refine the most effective teaching strategies to further enhance student learning and achievement.

On Wednesday 10 June, our Stage 3 students (Year 5&6) participated in a Soccer Gala Day against other Northern Beaches Catholic schools. These Gala Days are always a great opportunity for students to build on their skills in the sport, display their sportsmanship and participate at an interschools level.

On Thursday 11 June, our School Captains, Grace and Ayden, were invited to attend a special tour of the State Parliament, with our local member Jacqui Scruby. This is a wonderful leadership opportunity for our School Captains, who will learn about the state parliament system and process and can interact with leaders from other Northern Beaches schools.

Happy Sacred Heart Feast Day on Friday 12 June.



Maria Regina Catholic Primary School Week 8, Term 2

Our wonderful ECO Garden at Maria Regina has become a vibrant hub where students and parents come together to care for, nurture, and celebrate our shared environment. This thriving space not only teaches sustainability but also strengthens our school community as hands join in planting, tending, and watching the garden flourish. It's a living reminder of what we can grow when we work together.



PARISH DIRECTORY

PITTWATER PARISH



1 Keenan Street
Mona Vale NSW 2103



9157 0999



PARISH PRIEST
Fr Richard Sadowski SDS

Tel 9157 0999 ext 10
pp@pittwaterparish.org



ASSISTANT PRIEST
Fr Zygmunt Smigowski SDS

Tel 9157 0999 ext 12
ap@pittwaterparish.org



PARISH SECRETARY
Belinda Cimino

Tel 9157 0999 ext 30
office@pittwaterparish.org



ADMINISTRATIVE ASSISTANT
Shereae Knight

Tel 9157 0999 ext 30
office@pittwaterparish.org



PARISH BOOKKEEPER
Suzy Caruso

Tel 9157 0999 ext 30
accounts@pittwaterparish.org



**MEDIA & COMMUNICATIONS
COORDINATOR**

Conille Felias

Tel 9157 0999 ext 31
media@pittwaterparish.org



DIRECTOR OF MUSIC
Monique Reeves

Tel 9157 0999 ext 17
music@pittwaterparish.org



SACRAMENTAL COORDINATOR
Sonia Samartin

Tel 9157 0999 ext 13
sacraments@pittwaterparish.org



CCD CATECHIST COORDINATORS

Maureen Wooldridge

Mobile 0421 907 469

Veronica Thomas

Mobile 0417 061 534



SACRED HEART CHURCH

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MARIA REGINA CHURCH

7 Central Road, Avalon



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SACRED HEART SCHOOL, Mona Vale

Tel 8197 6900

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MARIA REGINA SCHOOL, Avalon

Tel 7256 2138

Principal: Ms Kirsty Thorpe

MATER MARIA CATHOLIC COLLEGE, Warriewood

Tel 7256 2100

Principal: Mr Anthony Mahoney

THE 12 PROMISES OF THE SACRED HEART OF JESUS

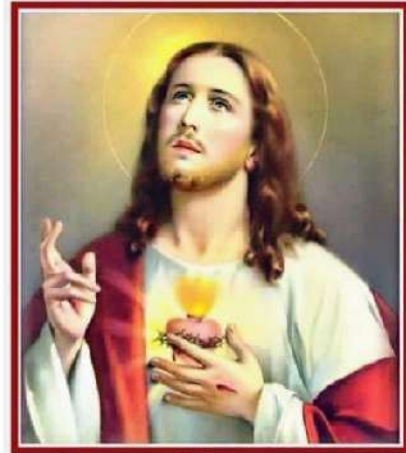
As given to

St Margaret Mary Alacoque



- 1) I will give them all of the graces necessary for their state of life.
- 2) I will establish peace in their homes.
- 3) I will comfort them in all their afflictions.
- 4) I will be their strength during life and above all during death.
- 5) I will bestow a large blessing upon all their undertakings.
- 6) Sinners shall find in My Heart the source and the infinite ocean of mercy.
- 7) Tepid souls shall grow fervent.
- 8) Fervent souls shall quickly mount to high perfection.
- 9) I will bless every place where a picture of my heart shall be set up and honoured.
- 10) I will give to priests the gift of touching the most hardened hearts.
- 11) Those who shall promote this devotion shall have their names written in My Heart, never to be effaced.
- 12) The all-powerful love of My Heart will grant to all those who shall receive Communion on the First Friday of nine consecutive months the grace of final penitence; they shall not die under my displeasure, nor without receiving their Sacraments; My heart shall be their assured refuge at the last hour.

FIRST FRIDAY DEVOTION



Attend Mass for 9 Consecutive First Fridays.
Receive Holy Communion each First Friday.

MIRACLE PRAYER TO THE SACRED HEART OF JESUS

O Sacred Heart of Jesus, I come before You with a humble and trusting heart, seeking Your divine mercy and grace. You are the source of all miracles, and I place my deepest needs in Your hands. Please grant me the miracle I seek (mention your request), according to Your will, and for Your greater glory. May Your Sacred Heart be my refuge and strength and may I always trust in Your love and providence. I ask this in Your most holy and precious Name. Amen.

HAPPY
Birthday
Fr Zygmunt

23RD JUNE



Loving God,
we thank You for the gift
of Fr Zygmunt.
Bless him with joy,
good health, and strength.
May he continue to be
a faithful shepherd and
a good example to all.
Amen. ♥

Happy Birthday, Fr Zygmunt!
Thank you for your kindness,
dedication, and faithful service.
May God bless you
today and always.



Please join us for

MORNING TEA

after the 10 AM MASS
on **SUNDAY, 21ST JUNE**

to celebrate

Fr Zygmunt's Birthday!



THANK YOU, FR ZYGMUNT,
FOR ALL YOU DO FOR OUR COMMUNITY.

First Friday
— DEVOTION —
IN THE CATHOLIC FAITH

*Draw closer to the Sacred Heart of Jesus,
Nine First Fridays in a row for His love and mercy.*

— *How to Practice* —



Attend Mass & Receive Communion



Go to Confession



Pray Before the Blessed Sacrament

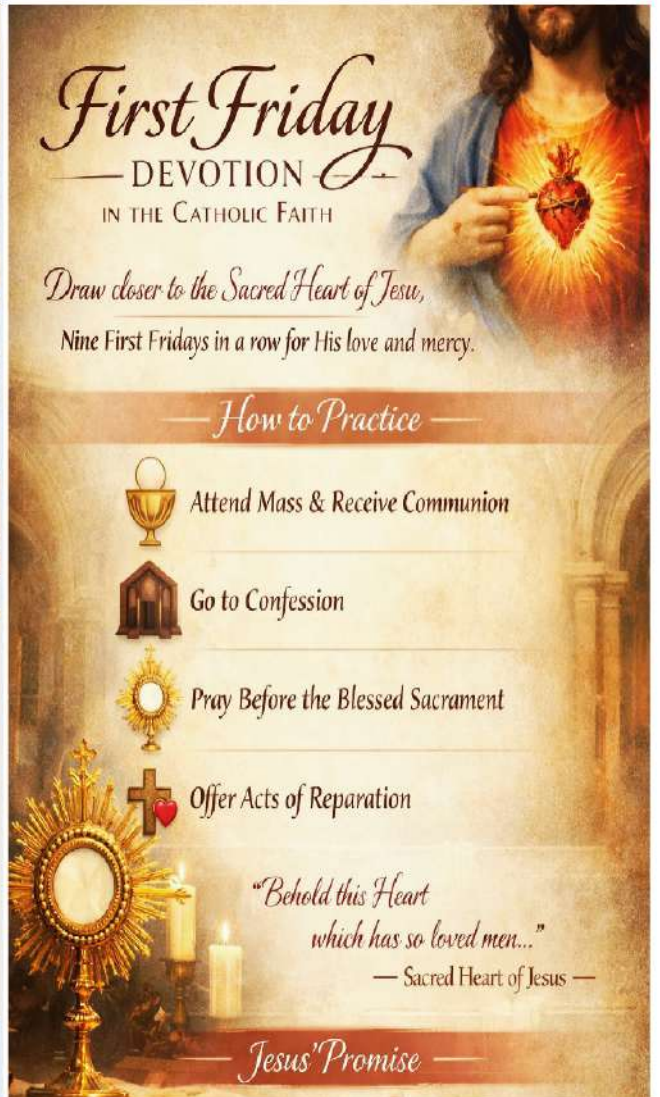


Offer Acts of Reparation

*"Behold this Heart
which has so loved men..."*

— Sacred Heart of Jesus —

— *Jesus' Promise* —





A National Catholic Ministry for Men, founded out of a response to a great need in the hearts & lives of men & great need in the life of the Catholic Church.

ALL MEN ARE WELCOME

We Meet
First & Third Tuesday of every Month
at 7 pm
Sacred Heart Parish Centre

Join Us - Men's Faith Gathering

We warmly invite all men of our parish & community to come together at 7:00 pm for an informal & faith-filled evening of conversation, reflection & brotherhood.

These gatherings offer a welcoming & supportive space to share openly, grow spiritually & encourage one another in our journey of faith.

Together, we seek to renew our hearts in Christ, strengthen our commitment to God & be a vital & active force of renewal within our Church.

Come & be part of a community where faith is nurtured, friendships are formed & the Holy Spirit at work.

All are welcome. We look forward to seeing you there.

For any questions, contact
Joe Cillia - 0418 863 814



PARISH EXCURSION TO THE SISTINE CHAPEL EXHIBITION

Last week, a group of parishioners enjoyed a wonderful day out in the city visiting the Sistine Chapel Exhibition.

The excursion began with Holy Mass in the Crypt of St Mary's Cathedral, beautifully celebrated by our very own Fr Zygmunt. It was a prayerful and fitting start to a day of faith and fellowship.

Following Mass, the group visited the Sistine Chapel Exhibition in the Forecourt near the Cathedral. Parishioners were captivated by the stunning reproductions through screen projections of Michaelangelo's masterpieces and appreciated the opportunity to learn more about the beauty and history of this remarkable work of sacred art.

On the journey home, everyone gathered at the Pittwater RSL for a delicious lunch and enjoyed sharing conversations and reflections on the day's experiences.

The outing was thoroughly enjoyed by all who attended and provided a wonderful opportunity for friendship, spiritual enrichment and community fellowship.

The Most Sacred Heart of Jesus

Flames

The ardent love of Jesus that purifies and transforms.

Cross

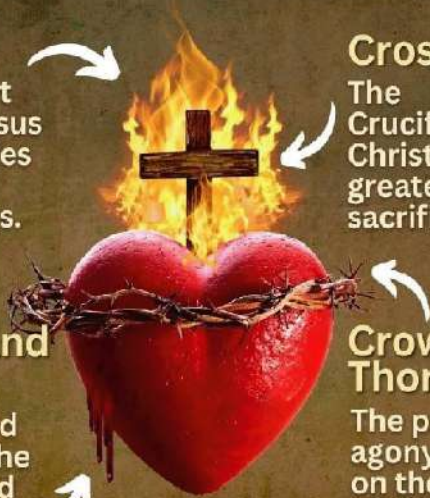
The Crucifixion, Christ's greatest sacrifice.

Blood and wound

His pierced side and the blood shed for our redemption.

Crown of Thorns

The pain and agony of Jesus on the cross, which he endured to save us.



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We are excited to offer advertising opportunities on our upcoming digital LED sign. This is a wonderful way to promote your business, service, or upcoming event while supporting our parish community. If you would like to secure a place, please contact the Parish Office by phone on 9157 0999 or email, office@pittwaterparish.org Spaces are limited, so we encourage you to book early. We look forward to hearing from you!

The *Living* Word

Entrance Antiphon Psalm 26:7,9
O Lord, hear my voice, for I have called to you; be my help. Do not abandon or forsake me, O God, my Saviour!

First Reading Exodus 19:2-6
A reading from the book of Exodus
You will be a kingdom of priests, a consecrated nation.

From Rephidim the Israelites set out again; and when they reached the wilderness of Sinai, there in the wilderness they pitched their camp; there facing the mountain Israel pitched camp. Moses then went up to God, and the Lord called to him from the mountain, saying, 'Say this to the House of Jacob, declare this to the sons of Israel, "You yourselves have seen what I did with the Egyptians, how I carried you on eagles' wings and brought you to myself. From this you know that now, if you obey my voice and hold fast to my covenant, you of all the nations shall be my very own, for all the earth is mine. I will count you a kingdom of priests, a consecrated nation."

The word of the Lord

Responsorial Psalm Ps 99:2-3. 5. R. v.3
(R.) We are his people: the sheep of his flock.

Cry with joy to the Lord, all the earth. Serve the Lord with gladness. Come before him, singing for joy. **(R.)**

Know that he, the Lord, is God. He made us, we belong to him, we are his people, the sheep of his flock. **(R.)**

Indeed, how good is the Lord, eternal his merciful love. He is faithful from age to age. **(R.)**

Second Reading Romans 5:6-11
A reading from the letter of St Paul to the Romans
We have been reconciled to God through the death of his Son; we are saved by his life.

We were still helpless when at his appointed moment Christ died for sinful men. It is not easy to die even for a good man – though of course for someone really worthy, a man might be prepared to die – but what proves that God loves us is that Christ died for us while we were still sinners. Having died to make us righteous, is it likely that he would now fail to save us from God's anger? When we were reconciled to God by the death of his Son, we were still enemies; now that we have been reconciled surely we may count on being saved by the life of his Son? Not merely because we have been reconciled but because we are filled with joyful trust in God, through our Lord Jesus Christ, through whom we have already gained our reconciliation.

The word of the Lord.

Gospel Acclamation Mark 1:15

Alleluia, alleluia!
The kingdom of God is near; repent and believe the Good News!
Alleluia!

Gospel Matthew 9:36 – 10:8
A reading from the holy Gospel according to Matthew
He summoned his twelve disciples, and sent them out.

When Jesus saw the crowds he felt sorry for them because they were harassed and dejected, like sheep without a shepherd. Then he said to his disciples, 'The harvest is rich but the labourers are few, so ask the Lord of the harvest to send labourers to his harvest.'
He summoned his twelve disciples, and gave them authority over unclean spirits with power to cast them out and to cure all kinds of diseases and sickness. These are the names of the twelve apostles: first, Simon who is called Peter, and his brother Andrew; James the son of Zebedee, and his brother John; Philip and Bartholomew; Thomas, and Matthew the tax collector; James the son of Alphaeus, and Thaddeus; Simon the Zealot and Judas Iscariot, the one who was to betray him. These twelve Jesus sent out, instructing them as follows: 'Do not turn your steps to pagan territory, and do not enter any Samaritan town; go rather to the lost sheep of the House of Israel. And as you go, proclaim that the kingdom of heaven is close at hand. Cure the sick, raise the dead, cleanse the lepers, cast out devils. You received without charge, give without charge.'

The Gospel of the Lord.

Communion Antiphon Psalm 26:4
There is one thing I ask of the Lord, only this do I seek: to live in the house of the Lord all the days of my life.

REFLECTION

by Dianne Bergant

The major themes today are call and discipleship. Most of us are rather insignificant in the eyes of the broader society. And even those who are well known or in some way famous are still just simple human beings with needs and fears and dreams like the rest of us. Yet we have been called by God. This is what makes us special. Paul picks up this theme in his development of justification. He argues that we are special because when we were still sinners we were justified. All this has come to us as a pure gift from God. It is God who calls; it is God who chooses; it is God who justifies. If we are to boast, we must boast in God.

Paul further teaches that good works do not gain faith. It is the other way around. It is faith that manifests itself in works. In the gospel we see that the disciples are

sent out to give to others the gift of faith which had been given to them. They proclaim the gospel, the good news that the time of fulfilment has come, and then they perform mighty works that demonstrate what they preach. We too have been called to discipleship; we have been made God's special people. To us has been entrusted the good news of salvation to proclaim to others. We must be the healing touch of Christ in our world. We must comfort those who mourn, bring back to life those who are in despair; embrace those who have been ostracised by society, drive out anger and fear and hatred.

© Dianne Bergant CSA



St Faustina's Diary in a Year - Now Available Free on Spotify

Discover the inspiring words and reflections of St Faustina Kowalska through Divine Mercy in My Soul (The Diary of St Faustina in a Year), is now available to listen for free on Spotify. This beautiful diary shares St Faustina's encounters with Jesus and the message of Divine Mercy that continues to touch hearts around the world. We encourage parishioners to take time to listen, reflect and deepen their faith through spiritual treasure. Simply search "St Faustina Diary in a Year" on Spotify to begin listening.

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MONDAYS

9:30 - 11:30

(SCHOOL TERM)

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PHONE 0431 829 279
EMAIL hello@activepilates.co
WEBSITE activepilates.co
ADDRESS Shop 9/3-5 Bungan St
Mona Vale, NSW 2103